

January

BLUE SPRINGS BREAKFAST 2012 (6-12)

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	4 PANCAKES BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	5 BREAKFAST TOASTER BISCUIT & GRAVY CEREAL CHOICE FRUIT CHOICES SIDE VARIETY-Grain JUICE 100 % MILK	6 CINNAMON ROLLS BISCUIT & GRAVY CEREAL-KELLOGS SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK
9 FR.TOAST STICKS BISCUIT & GRAVY CEREAL / FRUIT SAUSAGE LINKS SIDE VARIETY-Grain JUICE 100% MILK	10 SCRAMBLED EGGS HAM SLICE BISCUIT & GRAVY CEREAL/FRUIT SIDE VARIETY-Grain JUICE 100 % MILK	11 WAFFLES BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	12 SAUSAGE & TOTS BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	13 CINNAMON ROLLS BISCUIT & GRAVY CEREAL-KELLOGS SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK
16 NO SCHOOL TODAY MARTIN LUTHER KING JR DAY	17 FR.TOAST STICKS BISCUIT & GRAVY CEREAL / FRUIT SAUSAGE LINKS SIDE VARIETY-Grain JUICE 100% MILK	18 PANCAKES BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	19 BREAKFAST PIZZA BISCUIT & GRAVY CEREAL CHOICE FRUIT CHOICES SIDE VARIETY-Grain JUICE 100 % MILK	20 CINNAMON ROLLS BISCUIT & GRAVY CEREAL-KELLOGS SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK
23 FR.TOAST STICKS BISCUIT & GRAVY CEREAL/FRUIT SAUSAGE LINKS SIDE VARIETY-Grain JUICE 100% MILK	24 SCRAMBLED EGGS HAM SLICE BISCUIT & GRAVY CEREAL / FRUIT SIDE VARIETY-Grain JUICE 100 % MILK	25 WAFFLES BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	26 HAM / CHEESE BISCUIT BISCUIT & GRAVY CEREAL CHOICE SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK	27 CINNAMON ROLLS BISCUIT & GRAVY CEREAL-KELLOGS SIDE VARIETY-Grain FRUIT CHOICES JUICE 100 % MILK
30 FR.TOAST STICKS BISCUIT & GRAVY CEREAL / FRUIT SAUSAGE LINKS SIDE VARIETY-Grain JUICE 100% MILK	31 SCRAMBLED EGGS TOTS BISCUIT & GRAVY CEREAL / FRUIT SIDE VARIETY-Grain JUICE 100 % MILK	<u>BREAKFAST PRICES</u> Elementary \$1.50 MSMS \$1.55 Reduced \$0.30 Adult \$1.95 Extra Milk or Juice \$0.50 Breakfast = 1 Entree + Choice of 2 side items Alacarte Items Available		

The menu meets USDA guidelines for calories, fat, protein & fiber. The menu is subject to change without notice.