

Health Syllabus

School Phone # 224-1325

Title of Textbook: Lifetime Health

Required Material: Pen, pencil, paper, notebook/folder, additional materials maybe required

Grading Scale: the health grade will be based on tests, quizzes, papers, class-work and projects. The following grading scale will be used as stated in the student handbook.

90%-100% = A

80%-89% = B

70%-79% = C

60%-69% = D

Below 60% = F

Make up Work: As stated in the student handbook the policy is to allow one day for each day absent.

Tardies: Tardies will be counted. The student must be in the room when the bell rings. Refer to student handbook.

Late Work: Late work will be accepted up to 1 week past the due date for 50% credit

Units to cover may include the following:

Unit 1

Ch 2 Skills for a Healthy Life

Ch3 Self-Esteem and Mental Health

Ch4 Managing Stress and Coping with Loss

Unit 2

Ch6 Physical Fitness for Life

Ch7 Nutrition for Life

Ch8 Weight Management and Eating Disorders

Unit 3

Ch9 Understanding Drugs and Medicine

Ch10 Alcohol

Ch11 Tobacco

Ch12 Illegal Drugs

Unit 4

Ch14 Lifestyle Diseases

Unit 6

Ch18 Reproduction, Pregnancy, and Development

Ch19 Building Responsible Relationships

Ch20 Risks of Adolescent Sexual Activity

Ch21 HIV and AIDS

Express Lessons

Skeletal System

Muscular System

Circulatory System

- Alternative assignments may be requested by the student and/or parent

Parent Signature _____

Student Signature _____