

Human Knot

Divide the class into groups of 6

Have the student's face each other while standing in a circle. Students should hold the right hand of anyone in the group. Students should then hold left hands with someone else in the group. Students are then to untangle themselves without unlocking hands. The task is completed when students are untangled and standing in a circle.

Discussion Questions

What were some problems you encountered during this activity? How did you resolve the problems?

Does leadership mean always talking, listening, or something else?

What went well during the activity? Why?

Did someone take the leadership role in the group?

How did your group communicate?

Did anyone have an idea and not share it? Why?

Did someone share an idea and the group did not follow? Why?

Is leadership, communication, and teamwork important?

How can you apply leadership, communication, and teamwork to everyday life?

Divide the class in half and try the human knot. After that try as a whole class.

Discussion Questions

How did the dynamics change as the number of participants increased?

What were some problems you encountered during this activity? How did you resolve the problems?

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What went well during the activity? Why?

Did someone take the leadership role in the group?

How did your group communicate?

Did anyone have an idea and not share it? Why?

Did someone share an idea and the group did not follow? Why?

Is leadership, communication, and teamwork important?

How can you apply leadership, communication, and teamwork to everyday life?