

BLUE SPRINGS R-IV LUNCH MENU 2008 - 2009 (K-5)

SEPTEMBER 2008

K - 5 Lunch = 1 Entree
 + Choice of up to 3 Sides
 + 1 Milk Choice
 Elem. = \$2.00
 MS/FC/HS = \$2.25
 Reduced Meal = \$0.40
 Extra Milk = \$0.40
 ADULT MEAL \$2.75



Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5
NO SCHOOL TODAY! LABOR DAY!	BURRITO w/ CH. SAUCE JAMMER STICK w/ Ch. Sauce P.B & JELLY OFFERINGS BAR TORTILLA CHIPS CORN SPANISH RICE JUICE MILK CHOICES - 1	HOT DOG or MEATBALL SUB P.B & JELLY OFFERINGS BAR BAKED FRIES BAKED BEANS JUICE MILK CHOICES - 1	STEAK or CHICKEN NUGGETS P.B & JELLY OFFERINGS BAR MASHED POTATOES GREEN BEANS JUICE MILK CHOICES - 1	PEPPERONI PIZZA GRILLED CHEESE P.B & JELLY OFFERINGS BAR FRESH TOSS SALAD CORN JUICE MILK CHOICES - 1
8 CHICKEN PATTY HAMBURGER P.B & JELLY OFFERINGS BAR TOTS CORN JUICE MILK CHOICES - 1	9 SOFT TACO BEEFY NACHOS P.B & JELLY OFFERINGS BAR REFRIED BEANS JELLO Cubes JUICE MILK CHOICES - 1	10 FR. TOAST STICK w/ LIL' SMOKIES JAMMER STICK w/ Sauce P.B & JELLY OFFERINGS BAR YOGURT MUNCHIE MIX MANDARIN ORANGES JUICE MILK CHOICES - 1	11 SPAGHETTI & HOT ROLL JAMMER STICK w/ Sauce P.B & JELLY OFFERINGS BAR FRESH TOSS SALAD GREEN BEANS JUICE MILK CHOICES - 1	12 CHEESE PIZZA SHRIMP FRIES P.B & JELLY OFFERINGS BAR FRESH TOSS SALAD CORN JUICE MILK CHOICES - 1
15 CHICKEN & NOODLES JAMMER STICK w/ Sauce P.B & JELLY OFFERINGS BAR MASHED POTATOES YOGURT MUNCHIE MIX GREEN BEANS JUICE MILK CHOICES - 1	16 HOT DOG BBQ BEEF SUB P.B & JELLY OFFERINGS BAR BAKED FRIES BAKED BEANS JUICE MILK CHOICES - 1	17 GINN. TOAST CRUNCH & SCRAMBLED EGGS w/ HAM P.B & JELLY w/ NICKERDOODLE BAR OFFERINGS BAR Cheddar/Bacon Potatoes YOGURT MUNCHIE MIX JUICE MILK CHOICES - 1	18 STEAK NUGGETS SHRIMP FRIES P.B & JELLY OFFERINGS BAR MASHED POTATOES GREEN BEANS JUICE MILK CHOICES - 1	19 PEPPERONI PIZZA GRILLED CHEESE SAND. P.B & JELLY OFFERINGS BAR FRESH TOSS SALAD CORN JUICE MILK CHOICES - 1
22 LASAGNA PIZZA STIX P.B & JELLY w/ COOKIE OFFERINGS BAR FRESH TOSS SALAD GREEN BEANS JUICE MILK CHOICES - 1	23 HAMBURGER CH-BURGER P.B & JELLY w/ JELLO CAKE & TOPPING OFFERINGS BAR TOTS JUICE BAKED BEANS MILK CHOICES - 1	24 BISCUIT & GRAVY CEREAL CHOICE P.B & JELLY OFFERINGS BAR MANDARIN ORANGES YOGURT MUNCHIE MIX TRI-TATER JUICE MILK CHOICES - 1	25 CHICKEN NUGGETS JAMMER STICK w/ Sauce P.B & JELLY OFFERINGS BAR MASHED POTATOES GREEN BEANS JUICE MILK CHOICES - 1	26 CHEESE PIZZA GRILLED CHEESE P.B & JELLY OFFERINGS BAR FRESH TOSS SALAD CORN JUICE MILK CHOICES - 1
29 BEEF RAVIOLI w/ Bread JAMMER STICK w/ Sauce P.B & JELLY OFFERINGS BAR SPICED Apples CORN JUICE MILK CHOICES - 1	30 HOT DOG SUB SANDWICH P.B & JELLY OFFERINGS BAR BAKED FRIES JUICE BAKED BEANS MILK CHOICES - 1	FR. TOAST w/ LIL' SMOKIES JAMMER STICK & SAUCE P.B & JELLY	PEP. PIZZA SHRIMP STICKS P. B & JELLY	OCTOBER 3, GRANDPARENTS'/ SPECIAL PERSONS' DAY!!!

THE DAILY LUNCH MENU:

THERE ARE AT LEAST 3 ENTREE CHOICES ON THE MENU.

IT WILL HELP TO MAKE THE CHOICES BEFORE ENTERING THE CAFETERIA LINE

YOU ARE ABLE TO PICK UP TO 3 SIDE ITEMS FROM THE FOOD BAR

& 1-MILK! EXTRA MILK IS \$0.40

The menu meets USDA guidelines for calories, fat, protein & fiber. Menu is subject to change with out notice.

